



PAIN MANAGEMENT CENTER PRE-PROCEDURE INSTRUCTIONS

You have been scheduled for a _____
Date _____ Time _____

Please arrive 15 minutes prior to your appointment.

If you are taking **BLOOD THINNING MEDICATIONS**, *for your safety*, it is recommended that you hold these prior to your procedure. **You MUST check with your prescribing physician or anti-coagulation clinic for specific recommendations prior to stopping these medications.** The following are general guidelines:

- **Plavix** (Clopidogrel) and **Effient** (Prasugrel) should be held for 7 days
 - **Coumadin** (Warfarin) should be held for 5 days. You will need an INR drawn the day of, or the day before your procedure, and the results faxed to 617-983-7658. If you choose to have it drawn the day of your scheduled procedure, please arrive at the outpatient lab (located on the first floor) **1½ hours** before your scheduled procedure.
 - **Brilinta** (Ticagrelor) and **Ticlid** (Ticlopidine) should be held for 5 days.
 - **Arixtra** (Fondaparinux Sodium) and **Pradaxa** (Dabigatran Etexilate) should be held for 4 days.
 - **Eliquis** (Apixaban) and **Xarelto** (Rivaroxaban) should be held for 3 days.
 - **Lovenox** (Enoxaparin) should be held for 24 hours.
 - **Heparin** should be held for 8 hours.
- ❖ If you are **DIABETIC**, you may eat breakfast and take your diabetic medications the morning of the procedure. **Please check your blood glucose level the morning of the appointment** and report it to the nursing staff. Please **bring your glucose meter with you** to the appointment in case your blood sugar needs to be rechecked.
- ❖ If you are sick or have an infection, and are taking antibiotics, **PLEASE** call and ask to speak to a nurse as your appointment may need to be rescheduled.

On the morning of your appointment:

- Please take **all** your medications unless listed above.
- Nothing to eat or drink for **2 hours** before the procedure.
- ***For your safety***, it is recommended that you have someone to drive you home after your procedure.
- If you are having a Stimulator Trial, nothing to eat or drink for 6 hours before the procedure. You are **not allowed to drive yourself** after the procedure, therefore you **MUST** have a responsible person to drive you home.
- Please bring an updated medication list to each appointment.
- **Chemical Sensitivity: Scents may trigger responses in those with chemical sensitivities. Please avoid wearing scented personal products when visiting the Pain Management Center.**

If you are running late, PLEASE call the Pain Management Center as your appointment may need to be rescheduled.

If you have any questions, please call 617-983-7080.