


## Getting ready for your Bronchoscopy procedure

**Patient Name:** \_\_\_\_\_

Patient Address: \_\_\_\_\_

Exam Arrival Date and Time: \_\_\_\_\_

Exam performed by Dr. \_\_\_\_\_

 Brigham and Women's Faulkner Hospital  
Gregory Endoscopy Centre  
1153 Centre Street, 1<sup>st</sup> Floor  
Boston, MA 02130

### CANCELLATION

Scheduling procedures requires careful planning between the staff, doctors, and hospital. To help avoid delays, it is important that you follow the schedule.

If you must reschedule or cancel, please call us at least **3 days prior to procedure** at **617-983-7434**. Thank you for your help and consideration.

### Please read all instructions at least 2 weeks before your exam

**Please carefully review the instructions below and observe these directions only. Refer to these instructions as medication and dietary changes may be necessary.**

- If your insurance requires a **referral**, please call your primary care physician and request that a referral be done prior to the date of your procedure.
- If you have **Blue Cross Insurance**, please call the customer service number on the back of your insurance card to verify your benefit coverage.
- If you have **GIC** insurance, you should call the pre-notification number on the back of your insurance card and inform **GIC** of your upcoming procedure.

### Important Contact Info

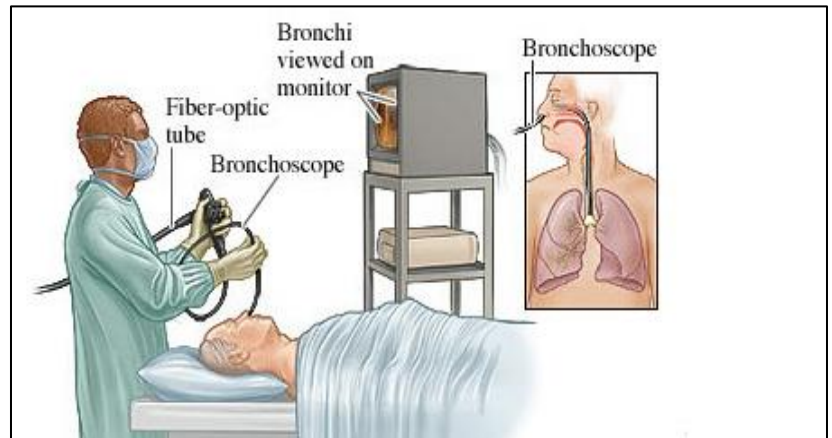
- If you have questions for a nurse about your procedure or preparation, call **617-983-7124** Monday-Friday (excluding holidays) 8:00 AM - 4:30 PM.
- If you need to reschedule your exam for any reason, please call **617-983-7434**.
- If you need medical help now, call **911** or go to the nearest **Emergency Room**.

For additional information, you may also visit the website for the Gregory Endoscopy Center at:

[www.bwfh.org/prep](http://www.bwfh.org/prep)

## What is a Bronchoscopy?

A bronchoscopy is a procedure to look at the airways in your lungs. During the Bronchoscopy, a thin lighted tube (bronchoscope) is passed through either your nose or mouth, down your throat, and into your lungs. The Bronchoscopist can see your vocal cords, trachea, and main airways. The bronchoscope can be used to remove secretions, control bleeding or obtain samples for culture or take tissue samples for a biopsy.



## Please follow these instructions in preparation for your procedure:

- Please consult with **the prescribing provider** if you are taking insulin or other diabetic medications. These medications may need to be adjusted prior to your procedure.
- Consult your primary care physician or your provider about any blood thinners such as warfarin, Plavix, heparin, Lovenox, Eliquis (apixaban), Xarelto (rivaroxaban), Pradaxa (dabigatran) since these usually will need to be discontinued prior to your procedure and you may need special instructions.
- Do not eat any solid food of any kind after midnight prior to the procedure.
- **You may drink clear liquids after midnight up until 6 hours before your procedure.** Clear liquids could include tea, coffee (no dairy/milk), clear juices, popsicles, and Jell-O.
- You may take your other medications with a sip of water unless otherwise instructed. You should make sure you take your cardiac medications such as beta blockers (i.e.: metoprolol, atenolol, carvedilol) on the morning of the procedure.
- You will be discharged approximately 3 hours after your arrival time. In order for your procedure to be performed, you must arrange for a responsible adult to meet you at the Gregory Endoscopy Centre to sign you out and either drive you home or accompany you in a taxi/ride share/public transportation. The responsible adult cannot be the taxi driver or ride share driver. You will not be discharged until your ride arrives.

## Bronchoscopy Post Procedure Contact Information

### For Dr. Tarpy, Dr. Lahive, and Dr. Schissel:

- If you have any problems after your Bronchoscopy, you should contact **the provider who performed the procedure** or contact the pulmonary MD on call by calling **617-983-7224** or calling the hospital operator at **617-983-7100** and having the pulmonary doctor on call paged.

### For Dr. Cua:

- If you have any problems after your Bronchoscopy, you can contact Dr. Cua's office at **617-522-0811**.

Thank you for choosing Brigham and Women's Faulkner Hospital.