

## A Calm Oasis

Brigham and Women's Faulkner Hospital is just steps away from a peaceful, revitalizing, and stunningly beautiful landscape—the Arnold Arboretum of Harvard University. Whether you are visiting a loved one or here for an appointment, we invite you to take a brisk walk or a meditative stroll and begin to explore these extraordinary botanical collections.

**The Arnold Arboretum of Harvard University** is a beloved link in Boston's chain of green spaces known as the Emerald Necklace. Come discover one of the largest woody plant collections in the world, with over 15,000 beautiful trees, shrubs, and vines growing amidst 281 magnificent acres.

## Learn as You Go

Almost every plant at the Arboretum has at least one identification label hanging on a main branch, on a stake, or on the tree trunk.

524-48-AA	TAXODIACEAE	Plant Family
METASEQUOIA	GLYPTOSTROBIDES	Scientific Name
SD - LINEAGE 524 - 48 - 1948		Accession Date
W - CHINA NATIONAL CTRL. UNIV. NANKING, CHINA		Source/Collection Data W—from the wild; Z—from a garden, of known wild origin; G—from a nursery or garden; U—uncertain origin
DAWN REDWOOD 3 - SW		Common Name
Map Grid Number		
Propagation Material common abbreviations: CT—cutting; PT—plant; SC—scion; SD—seed; SG—seedling		

## Help the Arboretum Grow!

Become a member and join a strong community of like-minded people who want to help the Arnold Arboretum flourish now and in the future.

Join in the Visitor Center or online at [arboretum.harvard.edu/support/](http://arboretum.harvard.edu/support/).

## Hours and Admission

The Arboretum is free and open sunrise to sunset every day of the year.

## Hunnewell Building

Located inside the main gate on the Arborway.

Open 9am-4pm on weekdays and 10am-4pm on weekends.

## Hunnewell Visitor Center

Open 10am-4pm every day of the week in winter, and every day but Wednesday in the warm season.

## Accessibility

Visitor Center and paved roads in the landscape are wheelchair accessible. Scan the QR code to reserve a driving permit for those with accessibility needs.



## Guided Walking Tours

Free guided tours run from April through November and last around 90 minutes. Scan the QR code to register.



## Public Programs and Events

Join us for forest bathing, wildlife walks, art workshops, horticulture workshops, theme tours, festivals, and performances. Scan the QR code or visit [arboretum.harvard.edu/events](http://arboretum.harvard.edu/events) to see what's coming up!



The **ARNOLD**  
**ARBORETUM**  
of HARVARD UNIVERSITY

## Take A Walk from Brigham and Women's Faulkner Hospital

Enjoy the tranquility of trees



## The Arnold Arboretum of Harvard University

125 Arborway, Boston, MA 02130

Main Number 617.524.1718

Visitor Center 617.384.5209

[www.arboretum.harvard.edu](http://www.arboretum.harvard.edu)

## Arboretum Walks

All three of the suggested self-guided walks start from the Centre Street Gate. To get to the gate, use the pedestrian crosswalk from Brigham and Women's Faulkner Hospital, then turn left on Centre Street and follow the sidewalk for 1/8 mile. The estimated times below are at a leisurely walking pace. Plant highlights vary with the season. Benches are along each route.

### To the Top and Back Again

- 25 minutes
- About 3/4 miles on paved road with moderate incline.
- From the top of Bussey Hill enjoy a scenic view to the Blue Hills.
- Plant highlights include viburnums, birches, oaks, forsythia, dogwoods, and pines.

### Visitor Center Loop

- 45 minutes
- About 1 1/2 miles on paved road and gravel path.
- If you have extra time, step inside the Visitor Center for personal assistance to enrich your visit, additional maps and brochures, Arboretum exhibition, seasonal art shows, and restrooms.
- Plant highlights include lilacs, the rose family, legumes, maples, lindens, magnolias, the shrub and vine collection, and the bonsai collection.

★ One mile roundtrip walk: from the hospital to the ponds and back.

### Conifer Stroll

- 50 minutes
- About 1 1/2 miles on paved road and gravel path with a moderate incline.
- Plant highlights include a world class collection of conifers including dawn redwoods, pines, firs, spruces, larches, and junipers, as well as oaks, azaleas, beeches, rhododendrons, and mountain laurels.

